**BECOMING A HUNGER ACTION TEAM MEMBER**

Hunger Action Teams (HATs) are groups of individuals and organizations working in collaboration to solve hunger in a designated community. Members include individuals struggling with hunger, local businesses and food donors, town government, nonprofit organizations, the faith community, the school system, and concerned individuals. They begin by asking, “Why are people hungry in our community and what can we do to make it better?”

**What are the obligations of a Hunger Action Team member?**

Team members meet on a regular basis, usually monthly, for one to two hours. They discuss issues and obstacles that keep people from getting the help they need. They determine steps to solve these issues and take action steps to work on in between meetings. Each member determines how much time they have to contribute and selects action steps based on their desire and ability. Team members typically work (outside of meetings) for an average of one to ten hours per month.

**What are some of the things Hunger Action Teams have done so far?**

- East Hartford HAT started a school teaching garden at the Goodwin Elementary School.
- East Windsor HAT partnered with Reichle Farm to glean over 23,000 pounds of butternut squash.
- Bloomfield HAT working with Hands on Hartford established a HALAL Food Pantry.
- New Britain HAT encouraging seniors to redeem the $16 of Senior Farmers Market coupons by distributing them at Farmers Market locations.

**Where are the Hunger Action Teams located?**

- Andover, Columbia, Hebron and Marlborough (ACHM)
- Bloomfield
- Bristol
- East Hartford
- East Windsor
- Enfield
- Farmington Valley (Avon, Burlington, Canton, Farmington, Granby and Simsbury)
- Hartford’s Asylum Hill & West End neighborhoods
- Hartford’s Barry Square & South End neighborhoods
- Hartford’s Frog Hollow & Parkville neighborhoods
- Hartford’s Promise Zone (Clay Arsenal, Northeast & Upper Albany neighborhoods)
- New Britain
- Newington
- Plainville
- South Windsor
- Tri-Town (Ellington, Tolland and Vernon)
- West Hartford
- Wethersfield
- Windsor

For additional information please contact one of our Community Network Builders:

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